

# My Friendship Bracelet Maker<sup>®</sup>

## Heart Pattern Friendship Bracelet Instructions



**Level: Intermediate**

**BEFORE YOU BEGIN making your friendship bracelet, you should know how to make a Right Hand Double Knot and Left Hand Double Knot. You can see these instructions at [myfbm.com](http://myfbm.com).**

1. Pick 2 colors for this pattern. You will need 2 strands of each color you choose (The example uses pink & black where the heart design is pink).
2. Align string, fold in half, and tie knot ½ inch from fold forming a loop.
3. Attach your ½ inch loop to MYFBM under the butterfly clip.
4. Separate strings by placing one string per slot. Note: Use the same color in slots 2 & 9 (pink), 3 & 8 (black), 4 & 7 (pink) and 5 & 6 (black). This will align the colors of your bracelet pattern.
5. To begin take string #2 (pink) and make 3 right hand double knots. One each, on strings #3 (black), #4 (pink) & #5 (black). Place string #2 in slot 5 once complete.
6. Now take string #9 (pink) and make 4 left hand double knots. One each, on strings #8 (black), #7 (pink), #6 (black) & #5 (pink). String #9 (pink) will now be in slot 5. Your pink strings should be joined together in the center now.
7. Next take string #2 (black) and make 3 right hand double knots. One each, on strings #3 (pink), #4 (black) & #5 (pink). Place string #2 (black) in slot 5 once complete.
8. Use string #9 (black) and make 4 left hand double knots. One each, on strings #8 (pink), #7 (black), #6 (pink) & #5 (black). String #9 (black) will now be in slot 5. Your black strings should be joined in the center.
9. Now take string #3 (black) and make a left hand double knot onto string #2 (pink). String #3 (black) will now be in slot 2.
10. Take string #8 (black) and make a right hand double knot onto string #9 (pink). String #8 (black) will now be in slot 9.
11. Next take string #3 (pink) and make 2 right hand double knots. One each, on strings #4 (pink) & #5 (black). String #3 (pink) will now be in slot 5.
12. Use string #8 (pink) make 3 left hand double knots. One each, on strings #7 (pink), #6 (black) & #5 (pink). String #8 (pink) will now be in slot 5.
13. Now take string #3 (pink) and make a left hand double knot onto string #2 (black). String #3 (pink) will now be in slot 2.
14. Use string #8 (pink) and make a right hand double knot onto string #9 (black). String #8 (pink) will now be in slot 9.
15. These next two steps are for making the inside of your heart. Take string #3 (black) and make 2 right hand double knots. One each, on strings #4 (black) & #5 (pink).
16. Now take string #8 (black) and make 3 left hand double knots. One each, on strings #7 (black), #6 (pink) & #5 (black). String #8 (black) will now be in slot 5.
17. Use string #2 (pink) and make 3 right hand double knots. One each, on strings #3 (black), #4 (pink) & #5 (black). String #2 (pink) will now be in slot 5.
18. Next, take string #9 (pink) and make 4 left hand double knots. One each, on strings #8 (black), #7 (pink), #6 (black) & #5 (pink). String #9 (pink) will now be in slot 5 and this will complete the bottom of your heart.
19. Take string #2 (black) and make 3 right hand double knots. One each, on strings #3 (pink), #4 (black) & #5 (pink). String #2 will now be in slot 5.
20. Use string #9 (black) and make 4 left hand double knots. One each, on strings #8 (pink), #7 (black), #6 (pink) & #5 (black). String #9 will now be in slot #5 and your first entire heart pattern is complete.
21. Repeat steps 9 – 20 to continue your heart pattern until you think it's long enough to fit your wrist.
22. Once your bracelet is long enough to fit your wrist take strings #2, #3 & #4 in your left hand and strings #7, #8 & #9 in your right hand. Braid the strings from your left hand and right hands with the two center strings from slots 5 & 6.
23. Take the braided strings and tie two basic knots at the end of your friendship bracelet.
24. Unclip your friendship bracelet from the butterfly clip and cut off the excess braided section. Your friendship bracelet is ready to wear or share with your best friend or mom.

For more friendship  
bracelet pattern  
instructions, visit

[myfbm.com](http://myfbm.com)